

Date

Dog Name

Owner Name

# Journal

*Magical moments I noticed today...*

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*My dog's mood today was...*

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*Challenging moments I noticed today...*

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*Enrichment activities/games my dog did today...*

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*The quality of my dog's daytime rest and overnight sleep today was...*

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*Areas I'll pay attention to tomorrow...*

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**ACTIVITIES OF DAILY LIVING (ADLS)**

**FUNCTIONAL MOBILITY**

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**EATING/DRINKING**

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**GROOMING/HYGIENE**

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**ELIMINATION**

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**MENTAL ENGAGEMENT**

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